

A Novena of Holy Communions

As part of your Lenten spiritual practices, the Eucharistic Revival Committee invites you to participate in a novena of Holy Communions. As a parish, we will start on March 16th and end on the Solemnity of the Annunciation on March 25th, which we are hopeful will bear much fruit!

This novena requires attending Mass and receiving Holy Communion for nine days. Our spiritual guide will be the little booklet, "A Novena of Holy Communions," by Fr. Lawrence Lovasik, S.V.D. The booklet contains a short reflection, questions to ponder, and a novena prayer for each day. If you are interested in joining, please email ImmaculateConceptionERC@gmail.com or talk to Fr. Chumo to receive a free copy of the booklet.

Below are excerpts from Fr. Lovasik's booklet. We hope you will be able to join this parish endeavor!

"Since the Sacraments are a God-given means of grace and the Holy Eucharist is the greatest and holiest of the Sacraments, no novena can be more fruitful than a novena of Holy Communions. [...] There is nothing that Jesus desires more than that you receive Him in Holy Communion very often -- every day, if possible. [...] Jesus describes the wonderful effects of Holy Communion in His Eight Beatitudes. The virtues suggested by each beatitude are offered for your imitation during this novena."

"The greatest blessing that Holy Communion gives me is an increase of Sanctifying Grace, the very life of my soul."

"O Jesus, I realize I cannot be a true child of Mary, nor can I be like Mary, unless I have a very tender devotion to Thee in the Sacrament of the Altar."

"O Lord, I believe that Holy Communion is the surest way to true joy, because It unites me in divine love with Thee, my greatest and most lovable God."

"O Jesus, I can do nothing better than to present my prayers to Thee after Holy Communion."

"Through frequent Holy Communion, help me to carry out Thy great commandment of love for my neighbor and grant me the grace to put away all unkindness. [...] Give me the pure love for God and neighbor that fills Thine own Heart."

"O Lord, I believe that mortal sin is the greatest evil in the world because it turns me away from God -- the Source of all life, peace, and joy, [and] after mortal sin, nothing is more terrible than venial sin. I thank Thee for Holy Communion, which prevents mortal sin from taking root in my soul and which washes away the stains of venial sin."

"In this Sacrament Thou dost live entirely for me. Thine unbounded love urges the desire to unite Thyself with me in Holy Communion. [...] And yet what do I give Thee in return?"

"I wish to be Eucharist-minded and to make Holy Mass and Holy Communion my only treasure in this life. [...] Be my Companion through life by frequent Holy Communion; be my unfailing Companion during the last painful struggle of death."

Parish Eucharistic Adoration Times
Every Monday: 6:30 pm to 7:30 pm
Every Saturday: 2 pm to 3:30 pm

If you would like to contribute a Eucharistic reflection, testimony, book review, etc. to our Eucharistic Revival announcements, please contact us at ImmaculateConceptionERC@gmail.com.



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